

Services and Treatment Options

Services

Urogynecologic problems occur among 50-70 percent of women during their lifetime, and 11 percent of all women will have surgery for pelvic organ prolapse. Though incontinence may be an isolated problem, it frequently is part of a complex symptom that includes pelvic organ prolapse and functional disorders of the other pelvic organs.

Signs and Symptoms of Pelvic Disorders

- **Incontinence**- loss of bladder or bowel control, resulting in leakage or soiling
- **Prolapse**- descent of pelvic organs into the vagina creating a bulge, “dropped bladder, uterus or rectum”
- **Emptying disorders**- difficulty urinating or having bowel movement
- **Pelvic pain**- discomfort often aggravated by sexual activity
- **Overactive bladder**- frequent need to void, urgency or difficulty holding back a full bladder
- **Correction of mesh-related problems**

Treatment Options

Many treatment options are available, both surgical and non-surgical. In addition, there is an emphasis placed on minimally invasive treatments whenever possible. This enables recovery from surgical treatment to be much quicker with less risk of infection or other complications.

Once the cause of your problem has been pinpointed, your diagnosis will be thoroughly explained to you. At this point, all options will be discussed and a plan will be designed specifically to meet your needs. Throughout the process your primary care and/or referring physician will remain an important part of your treatment team.

If you have additional questions, our staff can be reached at 251-338-1234.